

## Self-check sheet for new coronavirus infection prevention

**To Parents**

**In order to enjoy rugby safely, please inform of the health condition of your child on the morning of the practice day.**

Date	
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Name of student		School year	
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Name of parent		Emergency contact	Phone
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Parent entering practice venue must fill in the name.

Only one parent can enter practice venue per student.

**◎ Practice participation is prohibited if any of the following items apply. (Including family and person living together)**

- ① Are you currently diagnosed with a new coronavirus infection (COVID19)?  
 Yes  No
- ② Are you currently identified as a close contact with new coronavirus infection (COVID19)?  
 Yes  No
- ③ Have you experienced any of the following symptoms in the past 14 days?
- High fever (above 37.5℃)  Yes  No
  - Body temperature this morning (      ℃)  Yes  No
  - Coughing continuously  Yes  No
  - Feeling difficulty breathing  Yes  No
  - Feeling loss of taste or smell  Yes  No
- ④ If you answered "Yes" to ③ above, please tell us.
- I have not seen a doctor.  Yes  No
  - The PCR test result was positive.  Yes  No

**◎ Please fill out the student handbook after completing the above items.**

**◎ If you have any concerns, please do not hesitate to contact the school.**

Signature of parent	
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### **\* Infection Preventive Measures**

Wear a mask from departing home to getting home

Keep a distance

Wash and disinfect hands before and after practice

Do not spit or expectorate on the ground

Do not shake hands, high-five or hug

Do not shout at close distance

**◎ Please bring at least 1 liter of water.**

**◎ Please bring your own towel to wipe sweat.**

We would like to ask for your cooperation in the prevention of the spread of new coronavirus infectious diseases and the safe resumption of school activities.

**Hyogo Rugby Football School**

Checked by school	
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